

# SEABROOK HOUSE

[www.seabrookhouse.org](http://www.seabrookhouse.org)

Presents

HELPING FAMILIES FIND THE COURAGE TO RECOVER

## *Children's Education Program*

**The Children's Education Program at Seabrook House is open to any children ages 7–12 years who have struggled with addiction in their family.\***

**This one day program is designed to:**

- ❖ Identify and discuss the disease of addiction
- ❖ Address the children's feelings associated with addiction
- ❖ Develop healthy ways to communicate and cope with their feelings
- ❖ Facilitate building self esteem through non-competitive play exercises

The cost of this program is \$50 for the first child and \$25 for each additional child.

For more information contact the Family Department 856-455-7575 ext. 1158.

**\*The addicted family member does not need to be in treatment at Seabrook House.**